cycle faster?

Why doesn't one of them	just

# Surely after five hours of racing they shouldn't all still be

together!?







Drag Force =  $\frac{\text{Speed}^2}{4}$ 



# Drag whilst hiding $=\frac{\text{Speed}^2}{6}$

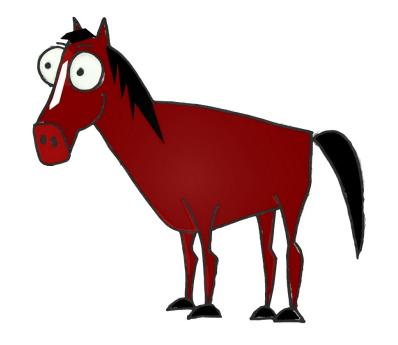
### $\mathsf{Energy} = \mathsf{Force} imes \mathsf{Distance}$

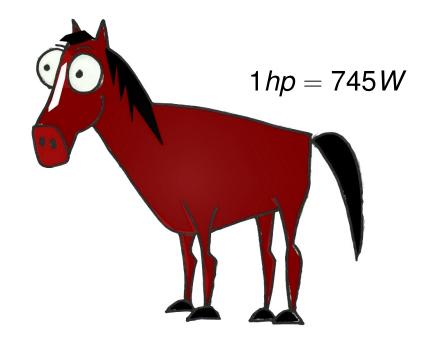
# $\mathsf{Power} = \frac{\mathsf{Energy}}{\mathsf{Time}}$

## $Power = \frac{Speed^3}{4}$

# Power whilst hiding $=\frac{\text{Speed}^3}{6}$





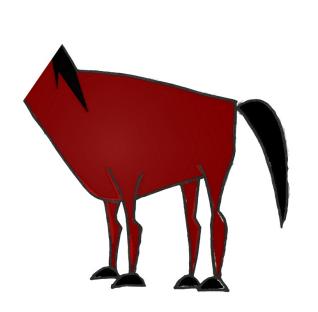


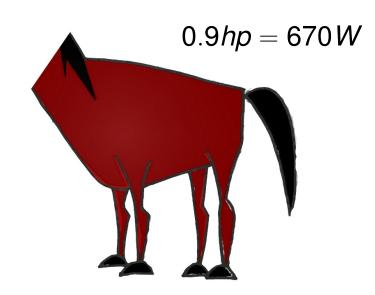
 $745 = \frac{14.4^3}{4}$ 

#### Speed = 14.4 m/s

= 32mph







 $670 = \frac{16^3}{6}$ 

#### Speed = $16^m/s$ = 36mph



### Force of gravity = $10 \times Mass$

= 700

= Force × Distance × Gradient

 $Energy = Force \times Height$ 

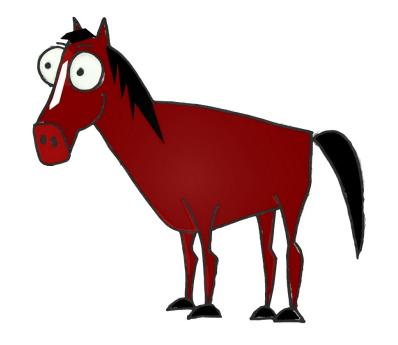
### $Power = Force \times Speed \times Gradient$

For a typical 10% gradient

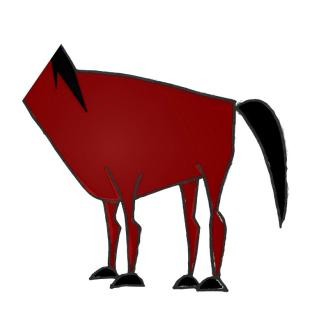
 $Power = \frac{Speed^3}{4} + 70 \times Speed$ 

#### Power whilst hiding

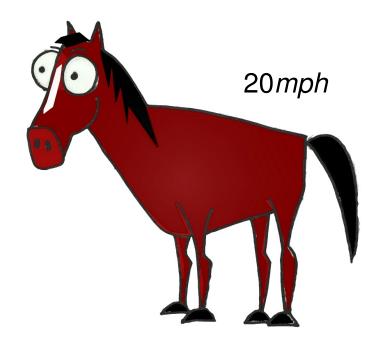
$$= \frac{\text{Speed}^3}{6} + 70 \times \text{Speed}$$

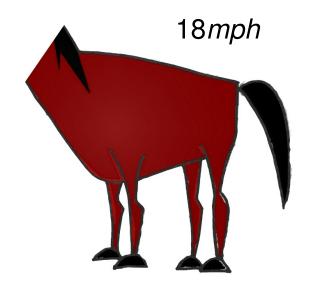


## $745 = \frac{8.5^3}{4} + 70 \times 8.5$



## $670 = \frac{8.2^3}{6} + 70 \times 8.2$





### Motto:

Flat races can be a little dull.